

Submissions

Below are recent submissions by PDCN, for more information go to the Publications section of the website and click Submissions. Alternatively, if you would like a copy mailed to you, please contact the office on (02) 9552 1606 or 1800 688 831

[Submission on draft paper Consumers, the health system and health literacy: Taking action to improve safety and quality.](#)

[Review of the Issue Paper - Access to Justice to the Criminal Justice System For People With Disability](#)

[Review of the Footwear and Orthotic Guidelines Enable NSW.](#)

[The City of Sydney Neighbourhood Parking Policy Draft for Discussion](#)

"Out and About"

The work of PDCN is informed by people with disability from across NSW, and we know that people with disability are engaged in local discussions/forums/meetings/events that are held in communities.

PDCN has developed an **Out and About** section of the website www.pdcnsw.org.au

The Out and About section is a space where anyone who attends a meeting, forum etc can list what they have attended, and if they want some information about the focus of the event.

To find out how to contribute, go to the PDCN website and click on Out and About at the bottom of the menu tabs on the left hand side of the PDCN home page. Follow the steps to become an Out and About regular.

Please contribute to this information as it will provide valuable information to us all.

If you do not have access to a computer or would simply prefer to call and let us know about your 'Out and About' activities that would be terrific. Our number is 9552 1606 or if you are not in Sydney call 1800 688 831

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and delivery

Take a look at this great new website with plenty of info and resources on person centred planning and best practice in NSW and elsewhere.

<http://www.impactnsw.com/>

pdcn

LIVE

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Capacity Development

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"Getting Ready" – Living the life I want to live Workshops

PDCN has received a one-off grant from the Department of Family and Community Services, Ageing, Disability & Home Care to run the workshop "Getting Ready". Providing free workshops for people with physical disability across the state between October 2013 and June 2015.

"Getting Ready" is a workshop run over 2 days. (a 3 hour session each day) The workshop provides training and skill development, focusing on decision supports, life choices, empowerment of people with disability to become confident in planning for their supports and services and using individualised funding arrangements.

Workshops will be held across NSW, with workshops planned for Woy Woy, Charlestown, Hornsby and Dubbo by the end of this calendar year. Details for these workshops appear on the enclosed flyer.

If you would like to find out more about "Getting Ready: Living the life I want to live" workshops or to express your interest in being an attendee in future workshops please email, Hayley at admin@pdcnsw.org.au.

DisabilityCare Australia

DisabilityCare Australia is the national disability insurance scheme.

The DisabilityCare Australia website was launched on 1st July 2013 (<http://www.disabilitycareaustralia.gov.au/>) From 1 July 2013,

DisabilityCare Australia began in Tasmania for young people aged 15-24, in South Australia for children aged 0-14, and in the Barwon area of Victoria and the Hunter area in NSW for people up to age 65.

From 1 July 2014, DisabilityCare Australia will commence across the ACT the Barkly region of Northern Territory and in the Perth Hills area of Western Australia. Roll out of the full scheme in NSW, Victoria, Queensland, South Australia, Tasmania, the ACT and the Northern Territory will commence progressively from July 2016.

NSW: For existing clients of specialist disability services - From 1 July 2013, the first stage of the scheme commenced for people living in the local government area (LGA) of Newcastle. People living in the Lake Macquarie LGA will enter the scheme from 2014, and people living in the

Continued from page 1: Maitland LGA will access from mid-2015. People with permanent and significant disability residing in the Hunter launch site not currently receiving specialist disability services can make an access request to DisabilityCare Australia at any time. From July 2016, DisabilityCare Australia will progressively roll out in New South Wales and by July 2018, all eligible residents will be covered.

For more information, go to www.disabilitycareaustralia.gov.au

I'm OK: Emergency Readiness for people with disability website

PDCN has been successful in receiving a community grant from NRMA Insurance to develop a website that provides information and tools for people with disability, to help in being prepared in the event of emergencies including house fires, bush fires, storms and flooding etc.

Meetings have already taken place with emergency rescue organisations providing an opportunity to work collaboratively with them, utilising their expertise as well as useful resources to be included

Community Consultations

Consultations provide an opportunity for individuals and organisations that have an interest and concern into the issues of people with physical disabilities to voice their priorities/ concerns.

PDCN conducts consultations around the state. In order to gain further insight into what is happening, PDCN has now put the community consultation survey onto our website. If you would like to let us know how things are going for people with physical disability in your area please complete our survey by using the link:

<http://www.surveymonkey.com/s/PN5229M>

If you are unable to access the survey online please call us on 02 9552 1606 or 1800 688 831 and we'll be happy to post you a survey with reply paid envelope.

The received information informs the work of PDCN.

Future Community Consultations in 2013

Friday 18 October **Katoomba 10.30-12.30 Community Centre 6/8 Station Street.**

Monday 25 November **Penrith. 11am-1pm Penrith Bowling and Recreation Club, corner of Woodriff and Derby Streets.**

Registration: To register your interest email Admin@pdcnsw.org.au or phone 02 9552 1606 or 1800 688 831.



Workshop Facilitation

Getting Ready is a free workshop run over two days

The restricted number of participants, the diversity of facilitator life experience and the face-to-face nature of the facilitation style all contribute to the effectiveness of the workshops.

- Conducted in two half-day sessions with a night in between for reflection and preparation .
- Optimum number of participants for each workshop is five people, but will accept up to 10 people
- The workshop is conducted by two facilitators, at least one of whom has a physical disability.

Upcoming workshops:

Date	Location	Address	Time
21 -22 October 2013	Woy Woy	Board Room, Everglades Country Club, Dunban Road, Woy Woy NSW 2256	Day 1—1.15pm arrival, workshop 1.30pm to 4.30pm Day 2—9.45am arrival, workshop 10am to 1pm
18-19 November 2013	Charlestown	Board Room, Central Charlestown Leagues Club, 8 Bula Street, Charlestown, NSW 2290	Day 1—1.15pm arrival, workshop 1.30pm to 4.30pm Day 2—10.15am arrival, workshop 10.30am to 1.30pm
2-3 December 2013	Gordon	Meeting Room 1, Ku-ring-gai Gordon Library, 799 Pacific Hwy, Gordon, NSW 2072	Day 1—1.15pm arrival, workshop 1.30pm to 4.30pm Day 2—9.45am arrival, workshop 10am to 1pm
9-10 December 2013	Dubbo	Community Room, Dubbo Neighbourhood Centre, 1/80 Gipps Street, Dubbo, NSW 2830	Day 1—1.15pm arrival, workshop 1.30pm to 4.30pm Day 2—9.45am arrival, workshop 10am to 1pm

To register for a free workshop or to find out more information about further dates and locations across the State please contact:

admin@pdcnsw.org.au or call (02) 9552 1606

Physical Disability Council of NSW
3/184 Glebe Point Road
Glebe NSW 2037

Phone: (02) 9552 1606
Fax: (02) 9552 4644
E-mail: admin@pdcnsw.org.au

*Ordinary People
Ordinary Lives*



**'Getting Ready': Living the life I want to live
(a free workshop for people with physical disability)**

The focus of the workshop is gaining more control over your life by identifying what is important to you, set goals and make a plan to achieve goals:

- Provide opportunity for individuals through discussion and personal reflection, to identify and focus on what is important to them
- Assist individuals in identifying skills and supports, they may need to attain their specific goal
- Gain Information about funding initiatives
- Enable greater self awareness and confidence in individuals
- Interactive workshop learning from the experiences of others

Developed by people with physical disability, for people with physical disability, facilitated by people with physical disability

www.pdcnsw.org.au

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City of Sydney Workshops "Word Matters"

In August 2013 we were successful in being granted a community grant by the City of Sydney to provide 10 workshops for volunteers of non government organisations within The City of Sydney area.

The workshops will guide attendees to self reflect upon the way they respond to people with disability; providing them with insight into respectful and appropriate means of language and communication.

The workshops will be running between November 2013 and May 2014.



We value your feedback

Nothing tells us more about how we are doing than by receiving feedback from our members and other people that have made contact with PDCN. Now on our website is our PDCN feedback form; Information provided by you will assist us.

If you have some feedback you would like to share you can access the feedback form by following the link: <http://www.surveymonkey.com/s/GM78Y5H>

If you are unable to access the survey online please call us on 02 9552 1606 and we'll be happy to post you a survey with reply paid envelope

Mosman Council Workshops "Word Matters"

PDCN had confirmation from Mosman Council we had been successful in our application to provide two workshops on behalf of Mosman Council under their Community Grants Program.

One workshop will be for volunteers of Mosman Council, the second workshop will be for Council employees.

Attendees again will benefit from the opportunity to self reflect upon the way they respond to people with disability and provide them insight into respectful and appropriate means of language and communication.