

“Defining Pathways”

Workshop

for people with physical disability

Workshop Structure

The focus of the workshop is empowerment, person centred planning, and mainstreaming. The workshop is designed to offer people skills and strategies to guide participants towards achieving personal goals.

The workshops provide opportunities for individuals to identify and focus on issues which are important to them and to assist them in defining skills they may need in developing strategies as they work towards attaining a specific goal.

The workshop gives time for personal reflection and provides support and the opportunity to celebrate success as they achieve their objectives. This process fosters greater self awareness and confidence in participants

Workshop Facilitation:

a minimum of 2 facilitators provided by PDCN

Duration:

The Workshop is conducted over two half day workshops with a night in between for reflection and preparation.

Max number of 10 participants for workshop

The small number of participants, the diversity of facilitator life experience and the face-to-face nature of the facilitation style all contribute to the effectiveness of the Workshops.

Cost:

- \$500 Total Workshop cost if you organise the venue and participants. PDCN will provide materials and facilitators
- \$70 Per participant (not individual members of PDCN) to attend a Workshop organised by PDCN . Call PDCN to find out location and date of next Workshop
- \$40 Per participant (individual members of PDCN) to attend a Workshop organised by PDCN .
Call PDCN to find out location and date of next Workshop

**Physical Disability
Council of NSW**

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